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1 Measuring nest incorporation of anthropogenic debris by seabirds: an
2 opportunistic approach increases geographic scope and reduces costs

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21

22 Abstract

23

24 Data on the prevalence of anthropogenic debris in seabird nests can be collected alongside other
25 research or through community science initiatives to increase the temporal and spatial scale of data
26 collection. To assess the usefulness of this approach, we collated data on nest incorporation of
27 debris for 14 seabird species from 84 colonies across five countries in northwest Europe. Of 10,355
28 nests monitored 12% contained debris, however, there was large variation in the proportion of nests
29 containing debris among species and colonies. For several species, the prevalence of debris in nests
30 was significantly related to the mean Human Footprint Index (HFI), a proxy for human impact on the
31 environment, within 100 km of the colony. Collecting opportunistic data on nest incorporation of
32 debris by seabirds provides a cost-effective method of detecting changes in the prevalence of debris
33 in the marine environment across a large geographic scale.

34

35 Highlights

36

37

38 12% of 10355 nests examined contained debris, largely thread or sheetlike plastics

39

40 Prevalence of debris in nests related to intensity of local human activity

41

42 Opportunistic data can help answer the challenges in plastic pollution research

43

44

45 **Keywords:** Marine; Nesting material; Plastic; Pollution; Sentinel species

46

47 Introduction

48 Plastics are a persistent marine pollutant with negative socio-economic, aesthetic, and
49 environmental consequences (Worm et al., 2017; IPBES Global Assessment 2019). With plastic
50 production continuing to rise, which will continue to enter oceans unless substantial interventions
51 are put in place (Andrady and Neal, 2009; Borrelle et al., 2020; Jambeck et al., 2015; Lau et al., 2020;
52 Tinbergen, 1961), plastic pollution will increasingly impact marine species (Barnes et al., 2009; Gall
53 and Thompson, 2015). Seabirds are particularly affected by anthropogenic debris (hereafter debris),
54 predominantly plastics, through both entanglement and ingestion (Gall and Thompson, 2015).

55
56 Seabirds are currently facing a multitude of threats (Dias et al., 2019), and separating the
57 population-level effects of plastics from other threats is difficult (Senko et al., 2020). However,
58 sentinel species, specifically seabirds, are useful for evaluating the effectiveness of mitigation
59 measures or policy tools in reducing plastics in the marine environment (van Franeker et al., 2011;
60 Avery-Gomm et al., 2018; Provencher et al., 2020; Rochman et al., 2016). Obtaining data on
61 incorporated debris in nests, and entanglement, may therefore play a part in both of these priorities,
62 in terms of identifying species where entanglement from incorporated debris might be a risk, and in
63 detecting changes in the amount of debris in an area related to local and national action, or lack of
64 action, in reducing plastic pollution (Willis et al., 2018; Xanthos and Walker, 2017).

65
66 Monitoring debris incorporated into seabird nests is a relatively straight-forward and non-invasive
67 method of investigating temporal and spatial changes in the local marine environment (Grant et al.,
68 2018; Tavares et al., 2016) The debris incorporated into the nests of certain species reflects that in
69 the local environment, while other species show selection preferences for certain types and colours
70 of debris (Bond et al., 2012; O’Hanlon et al., 2019; Verlis et al., 2014). Although, these latter species
71 may be less useful as monitors of all marine debris, in terms of reflecting the composition of
72 different types of debris present in an environment, they still indicate that debris is available to
73 them as nesting material, and can be useful for monitoring the prevalence of specific debris types.

74
75 Leveraging opportunities from existing research, ecotourism, and community science initiatives, with
76 little additional effort, can greatly increase the temporal and spatial scale of data collection
77 (Schläppy et al., 2017; Zettler et al., 2017). Although there can be challenges associated with data
78 collected by community scientists, for example relating to potential measurement errors and spatio-
79 temporal biases (Bird et al., 2014), without this effort broad-scale, long-term data are challenging to
80 obtain, especially on pollutants such as plastics that are widespread and patchily distributed in the
81 environment (Serra-Gonçalves et al., 2019.; Zettler et al., 2017).

82
83 We collated data on the prevalence of debris in nests collected during routine monitoring and
84 ringing activities at seabird colonies during the breeding season to 1) establish whether compiling a
85 large number of single observations into a single dataset can provide a greater understanding of
86 which species and locations may be affected by debris; and 2) establish the pros and cons of this
87 opportunistic approach as a wide-ranging and cost-effective method of recording debris in seabird
88 nests.

89 90 Methods

91 Data on nest incorporation of debris were collected by multiple observers visiting seabird colonies
92 during the breeding season for monitoring or ringing purposes. Most data were collected between
93 2018 and 2019 with occasional data also collected in 2016, 2017 and 2020. Observers were asked to
94 record the number of nests containing no debris and the number of nests containing visible debris
95 on their surface; this was specific for each species and colony. In 2019, observers were asked to
96 record the number of nests containing visible debris at the surface by type as categorised by
97 Provencher et al. (2017): sheet, thread, foam, hard, other including non-plastic items. In some cases,

98 photographs were also provided from which we could identify the presence/absence of visible
99 debris types. For each colony and species, the frequency of occurrence (FO) of nests containing
100 visible debris at their surface was recorded.

101

102 Observers were also asked to record any entangled young and adult birds encountered at the nest,
103 and how the nests were monitored, e.g., at the nest, during ringing or from a vantage point. The
104 main recruitment of volunteers was in the UK to coincide with fieldwork for the fourth UK & Ireland
105 seabird census (following up on Mitchell et al., 2004), however, we also put out a request for data
106 more widely via the Seabird Group newsletters and social media to seabird rangers, researchers and
107 ringers, including in Norway through the SEAPOP network.

108

109 To explore regional differences in the FO of debris in nests of different species, each colony was
110 assigned to an OSPAR (The Convention for the Protection of the Marine Environment of the North-
111 East Atlantic) subregion (Figure S1). To investigate whether the FO of nests containing debris varied
112 in relation to anthropogenic activity within the vicinity of each colony we related it to the Human
113 Footprint Index (HFI), which provides a global assessment of human influence on the environment
114 taking into account population density, human land use, infrastructure and human access (Jagiello et
115 al., 2019; WCS & CIESIN, 2005). We obtained data on the HFI from the NASA Socioeconomic Data
116 and Applications Center
117 ([https://web.archive.org/web/20201209133136/https://sedac.ciesin.columbia.edu/data/set/wildare](https://web.archive.org/web/20201209133136/https://sedac.ciesin.columbia.edu/data/set/wildare-as-v2-human-footprint-geographic)
118 [as-v2-human-footprint-geographic](https://web.archive.org/web/20201209133136/https://sedac.ciesin.columbia.edu/data/set/wildare-as-v2-human-footprint-geographic)). In ArcGIS (ArcMap ver.10.7. ESRI, USA), we created a buffer with
119 a radius of 100 km around each colony and used the spatial join operation to extract the mean HFI
120 value of each colony buffer. Although individual seabirds are generally thought to collect nesting
121 material, including debris, close to the colony, a radius of 100 km was used to reflect that debris
122 washed up at or near colonies will likely come from multiple sources in the wider surrounding
123 environment. Though the HFI is a terrestrial measure, it is positively correlated with mean fishing
124 effort (between 2012 and 2016, extracted from Global Fishing Watch, www.globalfishingwatch.org;
125 Merten et al., 2016) within 100 km of each colony ($r = 0.38$, $P < 0.001$), and therefore provides a
126 useful measure of anthropogenic pressure in waters around seabird colonies from which birds are
127 sourcing debris (Thaxter et al., 2012).

128

129 Statistical analysis

130 The sample sizes of nests monitored per species at each colony varied dependant on the size and
131 accessibility of the colony and the time available to observers (range: 2 – 1022 nests). We included
132 only data where at least 10 nests of a species at a colony were monitored, and therefore excluded
133 23 occasions where sample sizes of less than 9 nests were reported as these may not be
134 representative of what is occurring at the colony level. We did include sample sizes of between 10
135 and 20 nests as these largely concerned Common Eiders *Somateria mollissima* and Great Black-
136 backed Gulls *Larus marinus* which tend to form smaller, looser colonies and therefore a high
137 proportion of nests at a given colony were monitored.

138

139 In addition to calculating FO, for colonies where incorporated debris was detected, we also
140 estimated 95% confident intervals (CI), using the R package *placer* (Tavares et al., 2020), and the
141 estimated error, the difference between the upper and lower CIs (Tavares et al., 2020), to provide an
142 indication of confidence in the recorded FO based on the sample size of nests monitored (Table S1).
143 For species-colonies that were monitored in two consecutive years, we performed a paired Wilcoxon
144 signed rank test to determine whether FO of debris in nests were consistent between years. To
145 explore among-species and spatial patterns we used data from the sampling year with the largest
146 sample size, or data that were collected in the core sampling period of 2018 and 2019.

147

148 As the sample sizes of nests and/or colonies monitored were relatively small for some species we
149 assigned each species to a species group based on their taxonomy and nesting behaviour: terns,
150 gulls, auks, shags/cormorants, seaducks and Black-legged Kittiwakes *Rissa tridactyla* (Table S2).
151 Black-legged Kittiwake were separated because their nesting behaviour (cliff nesting) differs from
152 the other gull species (ground nesting).

153
154 To test for spatial structure in the FO of nests containing debris among species and colonies we
155 performed Moran's I Index auto-correlation analysis (Legendre and Fortin, 1989; Moran, 1953, 1950)
156 in the ape R package (Paradis and Schliep, 2019) with colony specific latitude and longitude. Moran's
157 I Index ranges from +1 (spatially clustered) to -1 (spatially dispersed) (Legendre and Fortin, 1989;
158 Moran, 1953, 1950).

159
160 We performed a generalized linear model with a binomial error structure to investigate variation
161 among species and regions in FO of incorporated debris, as well as the influence of human pressure
162 within the vicinity of each colony. The FO of nests containing debris was included as the response
163 variable and species group, OSPAR subregion and mean HFI, plus the interaction between species
164 group and mean HFI, were included as explanatory variables We used an information theoretic
165 approach to identify the best-fitting model across all competing models (Burnham and Anderson,
166 2002). Akaike's information criterion (AICc), corrected for small sample sizes, and Akaike weights (ω_i)
167 were calculated for all models in the R package MuMIn (Barton, 2012) and compared across
168 candidate models to select the most parsimonious model with the lowest AICc.

169
170 To explore variation in the type of debris incorporated into nests, and establish the main debris
171 types used as nesting material by each species group, we estimated 95% confident intervals (CI) of
172 FO for each debris type category, using the R package *placer* (Tavares et al., 2020). All statistical
173 analyses were performed in R 3.5.1 (R Core Team, 2018). Post-hoc multiple comparisons were
174 carried out in the R package *emmeans* (Lenth et al., 2020).

175 176 Results

177 Data on nest incorporation of debris were obtained for 14 seabird species (Table 1) from 84 different
178 colonies totalling 125 species-colony values across five countries in northwest Europe (Faroes
179 Islands, Iceland, Norway and Svalbard, Sweden and the UK; Figure 1, Figure S2 a-j). Most data were
180 collected in 2018 and 2019, supplemented with occasional data collected in 2016, 2017 and 2020
181 (Table S1). Among all species, 48% of colonies were monitored from a vantage point (either from the
182 shore or boat), whilst 52% were carried out at the nest. Most (49%) data were collected during
183 incubation, 31% during, predominantly early, chick-rearing, and 20% were not specified, or included
184 colonies where there was a mix of nests containing eggs or small chicks. Three instances of
185 entanglement at the nest were recorded, involving two adult European Shags and one adult Black-
186 legged Kittiwake, all in Norway.

187
188 Among all colonies and species, 1200 (12%) of 10,355 nests monitored contained debris, however,
189 there was large variation in the FO of nests containing debris among species and colonies (Table S1).
190 In addition, data on FO from multiple years were collected for 19 species-colony combinations,
191 which involved an additional 1840 monitored nests for six species (Table S1). There was no
192 significant difference in the estimated FO of nests that contained debris for individual species-
193 colonies that were monitored over two consecutive years (Wilcoxon signed rank test: $V = 28$, $p =$
194 0.69 ; also shown by the overlap of confidence intervals between years in all species-colonies except
195 one, Figure 2).

196
197 The FO of nests containing debris by species, across all colonies, ranged from 0 to 67% (Table 1). We
198 observed no spatial structure in FO of debris across species at the colony level (Moran's I = 0.07, P =

199 0.08). However, FO of debris incorporated into nests was significantly related to the mean HFI within
200 100 km of the colony, influenced by species group, and OSPAR subregion ($\chi^2_1 = 27.0$, $P < 0.001$, $R^2 =$
201 0.64; Table S3). For shags, gulls and, to a lesser extent, Common Eider colonies located in areas with
202 higher mean HFI contained a greater proportion of nests containing debris (Figure 3). Conversely, for
203 auks and Black-legged Kittiwakes, there was a negative relationship with human influence. No
204 relationship between FO of debris in nests and human influence was observed for the small sample
205 of tern colonies.

206

207 At the species group level, auks had the highest FO of nests containing debris driven by the Atlantic
208 Puffin *Fratercula arctica* (Figure 4), with 67% of nests containing debris, however only three colonies
209 (two in Norway and one in Svalbard), and 130 nest crevices, were monitored. In contrast, no debris
210 was found in the nests of Common Guillemot *Uria aalge*, although only 20 nests from one colony
211 were monitored. The Herring Gull *Larus argentatus* and European Shag *Phalacrocorax aristotelis* had
212 the next highest FO (26 and 25% of all nests monitored contained debris, respectively), with both
213 species having a relative high number of nests and colonies monitored across the region (Herring
214 Gull: 13 colonies, 1728 nests; European Shag: 27 colonies, 1243 nests). Great Cormorant
215 *Phalacrocorax carbo*, Great Black-backed Gulls and Lesser Black-backed Gulls *Larus fuscus* had
216 slightly lower FO, with between 9 and 18% of all monitored nests containing debris. By contrast,
217 despite a relatively large number of Black-legged Kittiwake nests being monitored, from 33 colonies,
218 only 4% of monitored nests contained debris. However, there was considerable variation among
219 kittiwake colonies, with 20 colonies where no debris was recorded, whilst two colonies had FO of
220 31% and 49% (Table S1). Most Arctic Tern *Sterna paradisaea* (FO of nests with debris = 7%), Little
221 Tern *Sternula albifrons* (FO = 6%) and Common Eider (FO = 3%) nests contained no debris, although
222 relatively few nests were monitored. No debris was found in the nests of Black-headed Gulls
223 *Chroicocephalus ridibundus*, Common Gulls *Larus canus* or Common Tern *Sterna hirundo*, although
224 the number of colonies and nests monitored for these species was again low (range: 26 - 214 nests;
225 1 - 3 colonies). The Irish Sea ($38 \pm 21\%$) and the Norwegian Sea ($16 \pm 21\%$) had the greatest FO of
226 nests containing debris (Figure 5) with differences among OSPAR subregions influenced by which
227 species were monitored in each region.

228

229 Data on FO by debris type were recorded for 3102 nests (41 colonies, 10 species), of which 443
230 contained debris (Table 2). Focusing on the type of debris the different species groups incorporated
231 into their nests, across colonies and OSPAR subregions, threadlike and sheet plastics were the most
232 incorporated items (Figure 6). For Atlantic Puffin and the shags, a higher FO of nest contained
233 threadlike followed by sheet plastics, with few nests containing hard and foamed plastic or other
234 debris. For the gull species, sheet plastics were most often reported in nests followed closely by
235 threadlike plastics and other debris. Black-legged Kittiwakes predominantly incorporated threadlike
236 plastics. The small proportion of Common Eider and tern nests that contained debris involved a mix
237 of debris types.

238

239 Discussion

240 Requesting data from those visiting seabird colonies for monitoring and ringing activities or other
241 research projects provided an effective way to collect data on nest incorporation of debris over a
242 large geographical scale, and wide range of species. Collecting data in this opportunistic way reduced
243 the time and cost that would be required if all the seabird colonies included in this study were
244 visited independently, especially colonies which require considerable planning and effort (i.e., in
245 terms of logistics and permits) to access, such as offshore islands and locations in the Arctic (Mallory
246 et al., 2018). Another crucial aspect is the additional environmental cost, in terms of carbon
247 emissions, of travelling to these colonies, which are already being visited by other researchers
248 (Arsenault et al., 2019). The cost of collecting the data included in this study by a single researcher
249 would have been >£18,000 (2021 value, including travel and accommodation but not researcher

250 costs) and would have involved travelling a minimum of 21,600 km, with associated carbon
251 emissions of 3.76 metric tons (Table S4). This approach also removed the potential of additional
252 disturbance to breeding seabirds from extra visits to colonies during the breeding season (Boersma
253 et al., 2002). Lastly, it also reduced the reliance on “parachute science” and promoted or
254 strengthened relationships with in-country partners (Stefanoudis et al. 2021).

255
256 The extent to which seabirds incorporated debris into their nests across the UK, and northwest
257 Europe, varied by species and location. Cormorants and shags, and the three large gull species
258 (Herring, Lesser Black-backed, and Great Black-backed Gulls), showed a greater tendency to
259 incorporate debris into their nests, as previous studies observed (Battisti, 2020; Podolsky and Kress,
260 1988; Tavares et al., 2019; Thompson et al., 2020; Witteveen et al., 2016). Conversely, despite a
261 large number of monitored nests and colonies, only a small number of Black-legged Kittiwake nests
262 were found to contain debris. Although, four colonies had FO >10%, indicating that at a local level,
263 particularly where thread-like debris is available, kittiwakes will incorporate debris into their nests as
264 found by Hartwig et al. (2007). The highest FO of 49% was recorded from an oil rig in the Norwegian
265 Sea, potentially attributed to a lack of available terrestrial vegetation, as has been suggested for
266 other species (Lavers et al., 2013; Lee et al., 2015). The FO of debris in tern nests was low (0 – 10%),
267 similar to previous studies (de Souza Petersen et al., 2016; Tavares et al., 2019), although the
268 number of tern nests and colonies monitored was low in this study. The FO of Common Eider nests
269 containing debris was also low (0 – 17%), with this being the first quantitative documentation of nest
270 incorporation by this species that we are aware of. Unexpectedly, Atlantic Puffin, had the highest FO
271 of nests containing debris, however only a small number of colonies were monitored. No data were
272 collected on Atlantic Puffins in the UK as here this species generally breeds in deep burrows meaning
273 that it is difficult to record nest contents, compared to the shallower nest cavities of Norway and
274 Svalbard. Although Atlantic Puffin nest in burrows, they can line their nest with small items such as
275 vegetation, and occasional fragments of paper and fishing net have been reported in burrows (Harris
276 and Wanless, 2011). Monitoring burrow nesting species for debris presents different challenges to
277 those nesting on the surface, however visual observation could be made of individuals returning to
278 the burrow with nesting material, whilst endoscope cameras could be used to investigate the
279 presence of debris within accessible burrow nests.

280
281 Spatial variation in the FO of nests containing debris, at the scale of OSPAR subregion, was also
282 observed, with a higher FO of nests containing debris in the Irish Sea and Norwegian Sea than other
283 subregions. Although we attempted to account for the different species monitored within each sub-
284 region, the observed FO of nests containing debris in each subregion is likely influenced by the
285 variation in the suite of species monitored in each region, as well as samples sizes of nests and
286 colonies. In addition to a species’ tendency to incorporate debris, the extent to which species
287 incorporated debris was also influenced by the levels of debris within the vicinity of the colony. To
288 be an effective indicator of marine anthropogenic debris, the levels of debris in seabird nests should
289 relate to that in the local environment (Tavares et al., 2016). As we did not directly monitor levels of
290 debris within the vicinity of each colony, we used a proxy for potential levels of local debris / human
291 impact on the environment, the Human Footprint Index (Jagiello et al., 2019; WCS & CIESIN, 2005),.
292 For the species groups that tended to incorporate a variety of debris types in their nests (shags, gulls
293 and Common Eider), we found that colonies in areas with higher human influence on the
294 environment did contain a greater proportion of nests containing debris than colonies in areas of
295 lower human influence. These species therefore may be useful to monitor broad levels of marine
296 debris, although more local influences are also expected to affect the extent of debris incorporated
297 into nests, such as currents, local sources of pollution, as well as nesting behaviour (Bond et al.,
298 2012; Grant et al., 2018; Thompson et al., 2020).

299

300 There were 19 instances where species-colonies were monitored in consecutive years, providing an
301 opportunity to determine how consistent nest incorporation of debris was over the short-term.
302 Although there was small variation in the recorded FO between years for some colonies and species,
303 potentially due to different numbers of nests monitored in each year, there was generally high
304 consistency in the estimated FO of nests that contained debris between consecutive years. The one
305 exception was for a relatively large Herring Gull colony in west Scotland. In 2018, a whole island
306 census of gull nests took place, and therefore all Herring Gull nests were monitored for debris. By
307 contrast, in 2019 only a small sub-sample of nests were monitored from one section of island. Given
308 that the FO of debris in nests is known to vary spatially on this island (Thompson et al., 2020), the
309 sample of nests monitored in 2019 were in an area of the colony where a higher proportion of nests
310 contained debris. These results highlight the importance of monitoring an adequate number of
311 nests, which are representative of the entire colony, and if only a subsection of the colony is
312 monitored, that the same subsection of nests is used when comparing between years. This is also
313 highlighted by a Black-legged Kittiwake colony in Norway, where the FO% of debris in nests were
314 recorded for the same nests from two locations, one above and one below the colony. The FO of
315 nests containing debris differed (7% versus 28%), indicating the importance of consistency in how
316 nests are monitored if comparisons are to be made between years, and in the value of estimating
317 confidence intervals around FO estimates to help prevent assuming differences between years, or
318 colonies, attributed to biases in how data were collected (Figure S3).
319

320 In addition to providing information on the prevalence of debris in the environment, monitoring of
321 debris incorporated into seabird nests is also important to improve our understanding on any
322 potential impacts this behaviour has on seabirds and their populations. Although incorporated
323 debris can result in direct injury and mortality of chicks and adults (Seacor et al., 2014; Slack, 1974;
324 Votier et al., 2011), there is no evidence at present that incorporated debris has any impact on
325 species at the population level, with current instances of entanglement appearing to be low,
326 although there are few data available to explore this thoroughly. The report rate of entangled birds
327 was also very low in this study. However, most of the data here were collected during incubation or
328 early chick-rearing therefore instances of entanglement may have been missed, especially of large
329 chicks, which potentially are more likely to become entangled.
330

331 Strengths and weaknesses of an opportunistic approach for monitoring debris incorporated
332 in nests by seabirds

333 As the data included in this study were collected opportunistically, there was considerable variation
334 in the number of nests and colonies included for each of the 14 species. Caution is therefore
335 required when using these data to make broad conclusions on how species are affected by debris in
336 different locations. However, as few existing data exist on nest incorporation of debris for some of
337 these species, these data are a valuable resource to build upon our current understanding, and how
338 routine visits to seabird colonies can be effectively used to monitor the extent to which seabirds
339 incorporated debris into their nests, and to monitor local levels of marine debris pollution.
340

341 All data collected for this study were based on visual observations, as this is a straightforward
342 method, with relatively low disturbance to breeding individuals. However, the distance from the
343 nest visual observations were taken varied, attributed to the accessibility of nests and the type of
344 routine monitoring that was taking place. Comparisons among studies will assume that all, or a
345 similar proportion, of debris items are detected, identified and recorded accurately (Lavers et al.,
346 2016). This may be the case in studies that collect all debris from within a nest, but is unlikely where
347 visual, especially photographic, observations are used: large pieces of netting will have a greater
348 detection probability than small, thin pieces. Photography will overlook debris incorporated within
349 the nest that is not visible on the surface or from the angle the image is taken, will likely miss small
350 debris items, and does not provide data on the size or mass of debris (Grant *et al.* 2018). However,

351 combining visual observations with digital photographs can be useful as images can be scrutinised in
352 more detail, causing less disturbance to the birds than trying to identify all debris and associated
353 metrics whilst in the field. Digital images also provide an opportunity to update data in the future to
354 ensure they reflect recommended best practice, especially with current uncertainty regarding the
355 best way to categorise colour. Being able to collate digital images also provides an opportunity to
356 open this type of monitoring to community science programs (Duckett and Repaci, 2015). Identifying
357 debris type is important when using seabirds as indicators of marine pollution to determine long
358 term changes in marine debris composition and identify suitable upstream interventions to close
359 gaps in waste management systems (Pettipas et al., 2017; Ryan, 2008; van Franeker et al., 2011).
360 Therefore, where time constraints limit the ability of observers to record FO by debris type in the
361 field, photographs can provide a useful alternative to obtain this information.

362

363 In this study, data were collected on a range of species to understand which species incorporate
364 debris as nesting material at different locations, as well as to increase the number of colonies where
365 data were collected. Most data were obtained for European Shag, Black-legged Kittiwake and the
366 three large gull species (Herring, Lesser Black-backed and Great Black-backed Gulls). This is likely
367 attributed to the nests of these species being more accessible to monitor, as being surface
368 structures, they can be viewed easily. Furthermore, all of these species have been recorded to
369 incorporate debris into their nests (Hartwig et al., 2007; Thompson et al., 2020), therefore people
370 may have been more willing to record data for these species. Although we requested data from
371 colonies where no nest incorporation was observed, people may have been more inclined to submit
372 data where they did observe debris in nests. Therefore, the prevalence estimates for species may be
373 inflated. However, in general, the range of FO recorded across multiple sites were generally lower
374 than those reported in single-site studies (Hartwig et al., 2007; Thompson et al., 2020) likely
375 attributed to a larger number of colonies monitored, including where debris was not found to be
376 incorporated in nests.

377

378 For this opportunistic approach we did not set a minimum sample size as not to limit the data
379 collected when exploring the effectiveness of obtaining data through routine monitoring of colonies.
380 However, low sample sizes for some species and colonies made it difficult to establish how reliable
381 estimates of the prevalence of debris in nests were. Small sample sizes may be due to only a small
382 number of nests being accessible/visible to monitor, or due to logistical limitation from people
383 working in the field who have their own priority data to collect. In future, it would be valuable to
384 include an indication of the proportion of nests in a colony that were monitored. To make the
385 monitoring as quick and efficient as possible, we did not ask for this information in this study. The
386 number of nests that should be surveyed to detect change in prevalence will vary depending on the
387 level of prevalence and the level of detectable change required (Provencher et al., 2015; Tavares et
388 al., 2020). One benefit of monitoring multiple species was not being constrained by the geographic
389 range or breeding habitat of a single species. However, caution should be made when comparing the
390 FO of debris in nests among species, given species-specific tendencies to incorporate debris (see
391 Table S2).

392

393 A lack of data on nest incorporation of debris by seabirds, and other bird species, impedes
394 identification of which nest-building species are most at risk of entanglement, under what
395 conditions, and whether preferences for nesting materials or prevalence of debris items changes
396 over space and/or time. More importantly, it means we lack a comprehensive understanding of the
397 impacts of nest incorporation of debris, especially at the population level. To answer the grand
398 challenges in marine plastic pollution research, robust, easily implemented methods that engage
399 diverse participants and stakeholders are therefore needed to leverage existing efforts (Provencher
400 et al., 2017). With the increased awareness of marine debris, and the realised and potential impact it
401 may have on seabirds, research into debris incorporated into nests is increasing. However,

402 opportunistic data can also be beneficial and should be incorporated into monitoring schemes to
403 obtain additional information for a wide range of species and locations, especially relating to
404 entanglement rates of individuals at the nest. Increased monitoring to record entangled individuals
405 will help determine how frequent an occurrence this is. To ensure these data are widely available to
406 allow comparison across species, time and space, all these data should be collated in a global
407 database such as LITTERBASE (litterbase.awi.de). The prevalence of debris of different types, likely
408 from multiple sources – both fishery and consumer related – in some colonies emphasizes that
409 improved waste management infrastructure is required to prevent these items entering the
410 environment and being available as nesting material, or of being ingested. Nest incorporation is a
411 relatively visible way in which species may be affected by plastic pollution but many other forms,
412 such as entanglement away from the colony and ingestion, are hidden.

413
414

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420

421 **CRedit author statement**

422 **Nina O'Hanlon:** Conceptualization, Formal analysis, Investigation, Writing - Original draft
423 preparation. **Alexander Bond:** Conceptualization, Writing - Review & Editing. **Elizabeth Masden:**
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425 **James:** Conceptualization, Writing - Review & Editing, Funding acquisition.

426 **References**

427

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603
604

605 **Table 1.** Frequency of occurrence (FO) % of nests containing anthropogenic debris summarised by
 606 species. Species are ordered from greatest to lowest FO of all monitored nests.

Common name	Scientific name	No. of colonies	Total no. of nests monitored	Number of nests containing debris	FO % of all nests	Mean \pm SD (range) FO % among colonies
Atlantic Puffin	<i>Fratercula arctica</i>	3	130	87	67	55 \pm 40 (12 - 91)
Herring Gull	<i>Larus argentatus</i>	13	1728	450	26	16 \pm 29 (0 - 78)
European Shag	<i>Phalacrocorax aristotelis</i>	27	1243	312	25	19 \pm 25 (0 - 81)
Great Black-backed Gull	<i>Larus marinus</i>	8	348	61	18	18 \pm 25 (0 - 53)
Great Cormorant	<i>Phalacrocorax carbo</i>	5	216	27	13	7 \pm 10 (0 - 24)
Lesser Black-backed Gull	<i>Larus fuscus</i>	7	894	82	9	19 \pm 23 (0 - 63)
Arctic Tern	<i>Sterna paradisaea</i>	3	108	8	7	6 \pm 5 (0 - 10)
Little Tern	<i>Sternula albifrons</i>	1	49	3	6	6 NA
Black-legged Kittiwake	<i>Rissa tridactyla</i>	33	3762	139	4	4 \pm 17 (0 - 49)
Common Eider	<i>Somateria mollissima</i>	11	338	11	3	4 \pm 24 (0 - 17)
Gull spp.		10	1160	19	2	16 \pm 23 (0 - 100)
Common Guillemot	<i>Uria aalge</i>	1	20	0	0	0 NA
Black-headed gull	<i>Larus ridibundus</i>	1	214	0	0	0 NA
Common Gull	<i>Larus canus</i>	3	119	0	0	0 NA
Common Tern	<i>Sterna hirundo</i>	1	26	0	0	0 NA
Total		127	10355	1199		

607

608

609 **Figure 1.** Map showing the geographical spread of colonies that were monitored for nest
610 incorporation of anthropogenic debris by seabirds. Although most sites were in the UK, colonies
611 were also monitored in Iceland, the Faroe Islands, Svalbard, Norway and Sweden. To see which
612 species were monitored at each location see Figure S1.

613

614 **Figure 2.** Comparisons of frequency of occurrence (FO) % of anthropogenic debris in nests and
615 estimated 95% confidence intervals for colonies and species and colonies where data were collected
616 in consecutive years. Overlapping 95% CIs indicates no difference in FO estimates. Numbers refer to
617 sample size of nests monitored. 2017 – Red: 2018 – Light blue: 2019 – Dark blue: 2020 - Orange.

618

619 **Figure 3.** The presence of anthropogenic debris in seabird nests was positively related to the mean
620 Human Footprint Index within 100 km of the colony for gull and shag species, and to a small extent
621 for Common Eiders. This relationship was negative for auk species and Black-legged Kittiwakes. Each
622 point at 0.00 (no incorporated debris) and 1.00 (incorporated debris) represents a nest. Solid lines
623 indicate the trend lines with 95% confidence intervals (shaded area) predicted from a generalized
624 linear model with a binomial error structure. Points depict the raw data.

625

626 **Figure 4.** Boxplot highlighting among-species group differences in the frequency of occurrence (%) of
627 anthropogenic debris incorporated into nests across colonies. Boxplots show median (horizontal
628 line), inter-quartile ranges (box), and minimum and maximum values (whiskers). Points represent
629 raw data at the species-colony level. Species groups are ordered based on the lowest to highest
630 mean frequency of occurrence of debris. Species groups with different letters above the boxes are
631 significantly different from each other (Tukey's HSD post-hoc multiple comparisons $P < 0.05$) based
632 on the results of a GLMM including OSPAR subregion and an interaction between species group and
633 mean HFI (see text). Samples sizes of nests monitored for each species are also shown at the top of
634 each boxplot.

635

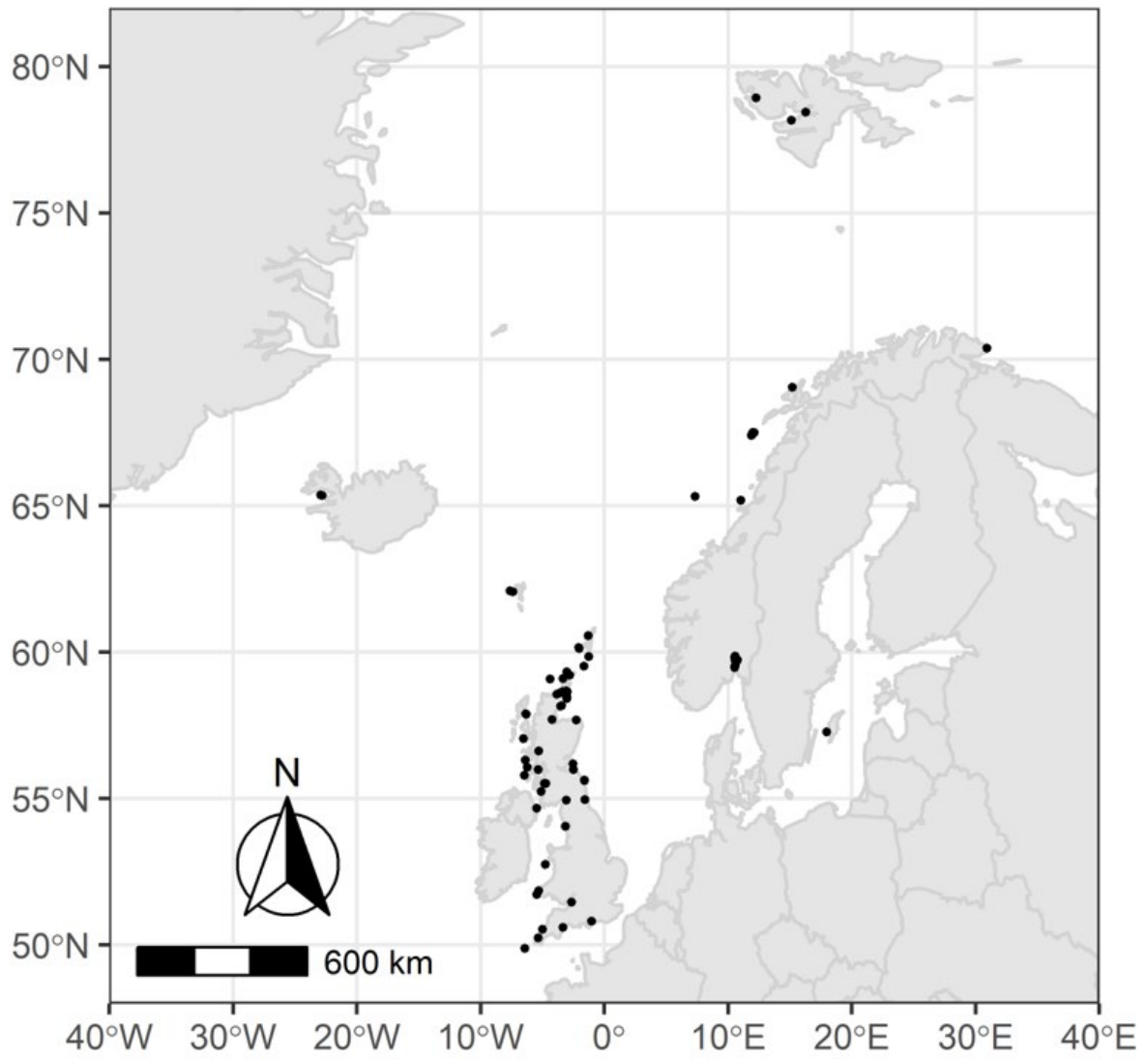
636 **Figure 5.** Boxplot highlighting among-OSPAR subregion differences in the frequency of occurrence
637 (%) of anthropogenic debris incorporated into nests across species. Boxplots show median
638 (horizontal line), inter-quartile ranges (box), and minimum and maximum values (whiskers). Points
639 represent raw data at the species-colony level. OSPAR subregion are ordered based on the lowest to
640 highest mean frequency of occurrence of debris. OSPAR subregion with different letters above the
641 boxes are significantly different from each other (Tukey's HSD post-hoc multiple comparisons $P <$
642 0.05) based on the results of the GLMM including an interaction between species group and mean
643 HFI (see text), therefore results are averaged over the levels of species group. Samples sizes of nests
644 monitored for each species are also shown at the top of each boxplot.

645

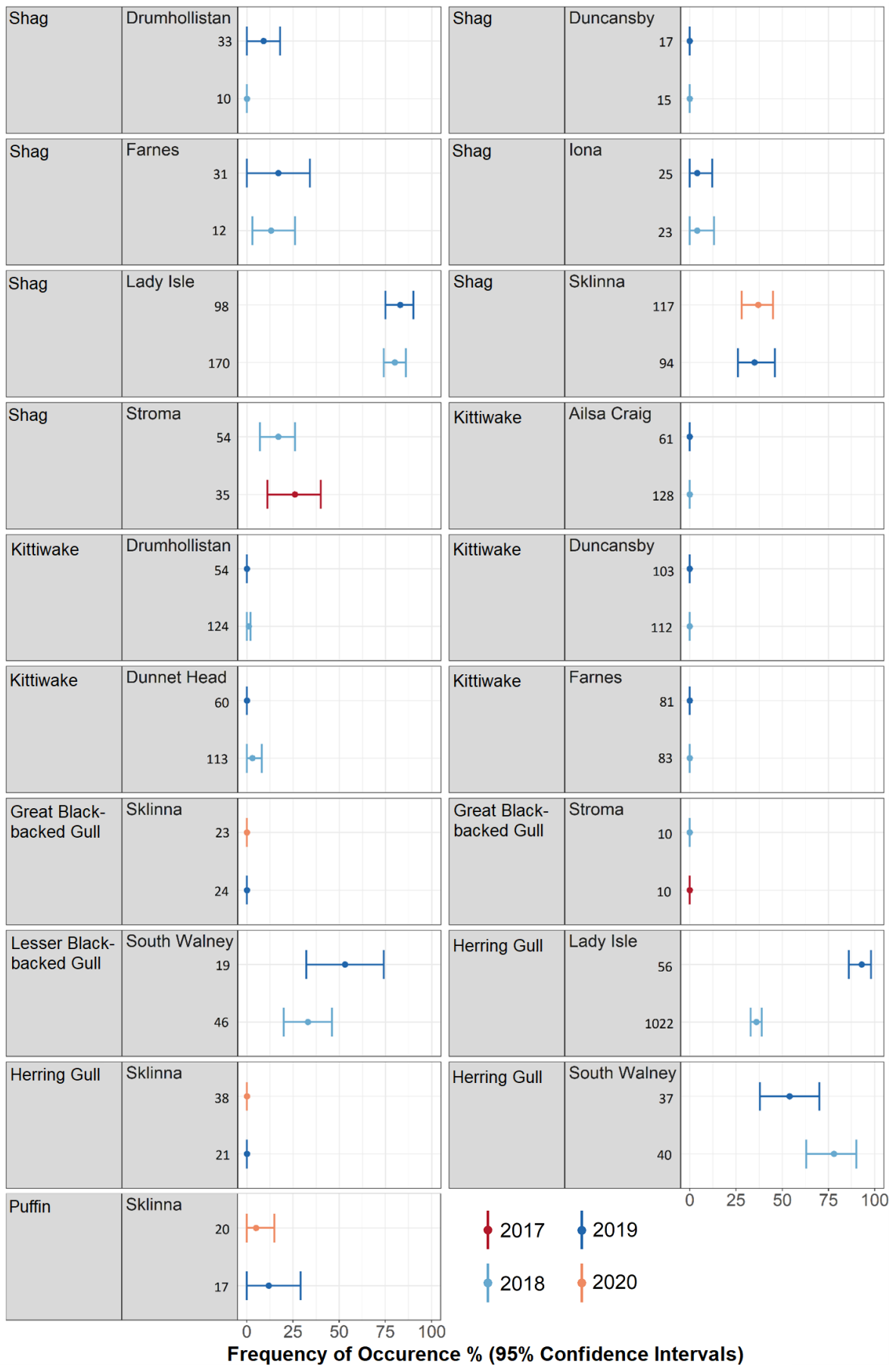
646 **Figure 6.** Comparisons of frequency of occurrence (FO) % of anthropogenic debris in nests and
647 estimated 95% confidence intervals (CI), by debris type category, per species group. Overlapping
648 95% CIs indicates no difference in FO estimates. T – threadlike plastics, S - sheet plastics, O – debris
649 classified as other, H - hard plastics and F – foamed plastics.

650

651



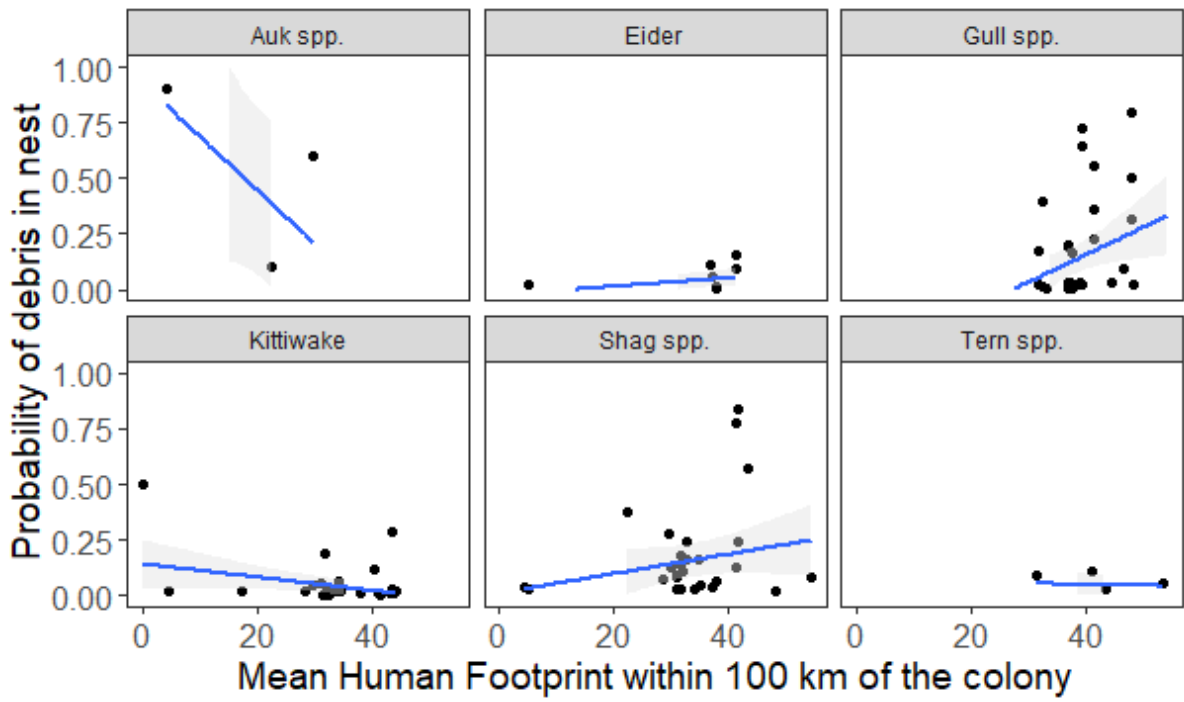
652
653 **Figure 1.**



654
655

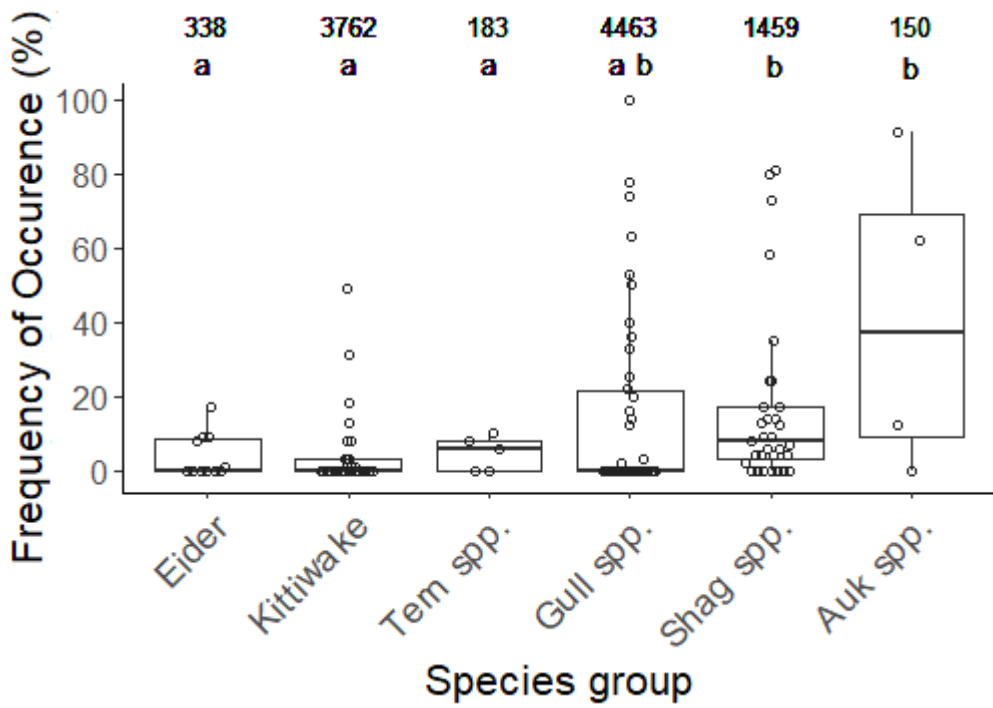
Figure 2.

656



657

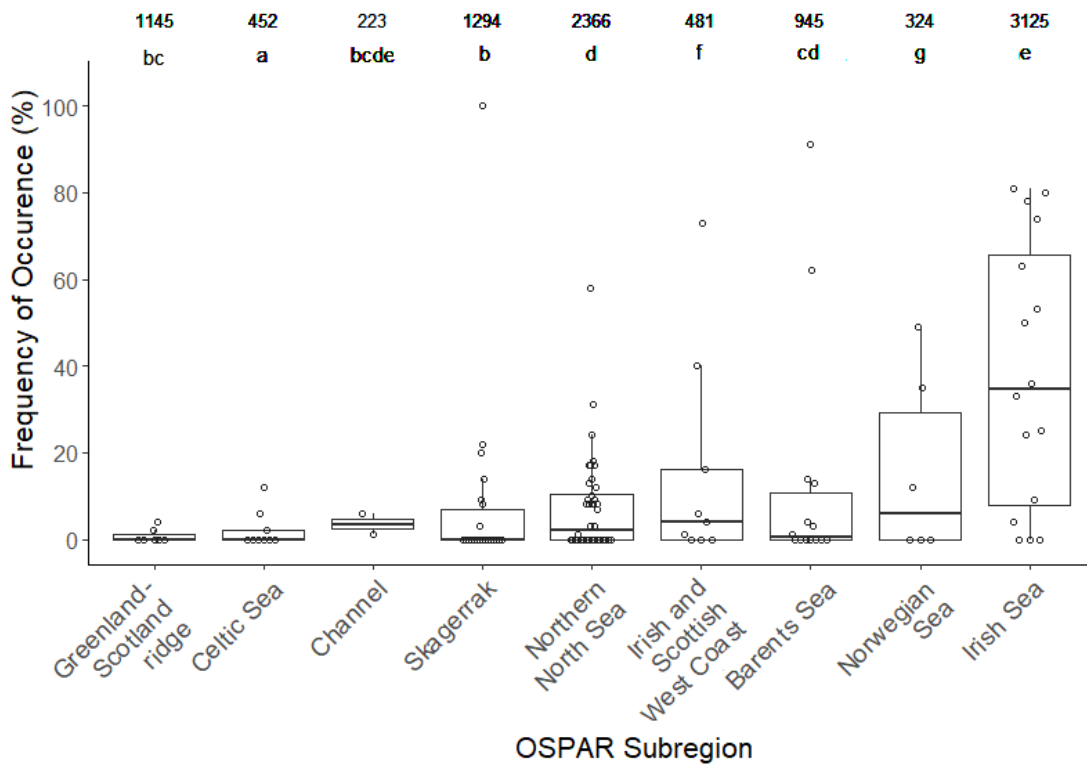
658 Figure 3.



659

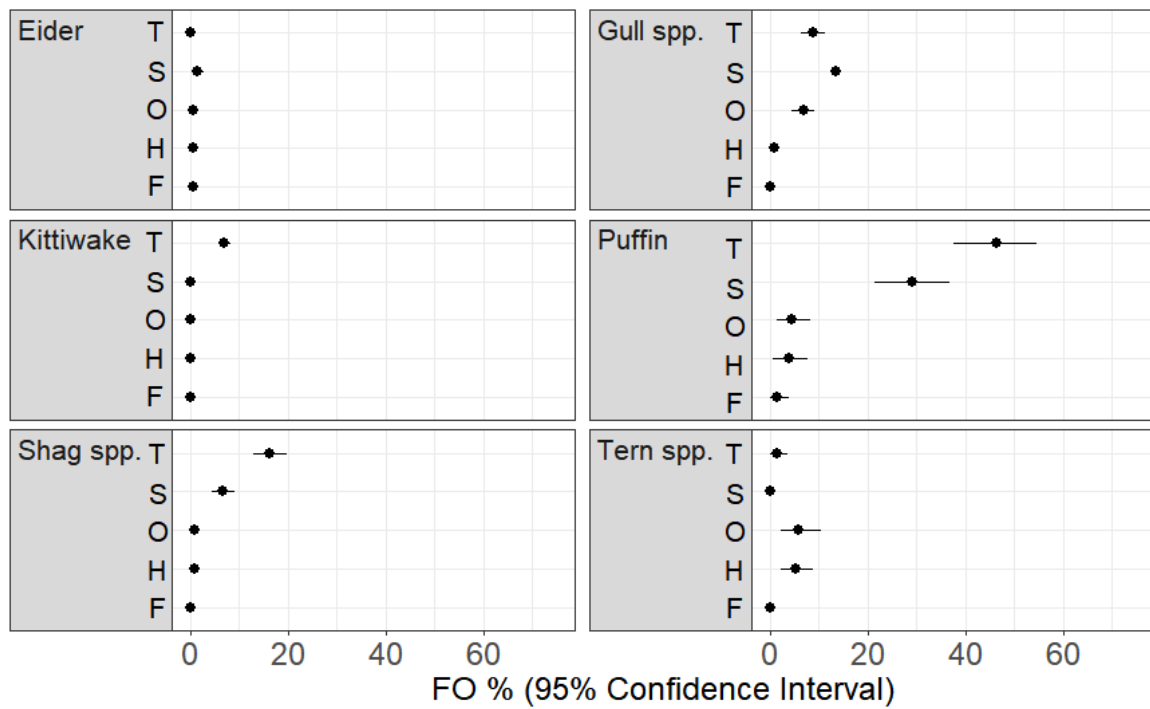
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Figure 4.



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662
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Figure 5.



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666 **Figure 6.**

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669 **Table 2.** The frequency of occurrence (FO) of debris categorised by type, as a percentage of all
 670 monitored nests, for each species.

Species	No. of colonies	Number of nests examined	Number of nests containing debris (%)	FO of debris by type (%) ¹				
				Sheet	Thread	Foam	Hard	Other
European Shag	10	422	96 (23)	7	18	0	1	1
Great Cormorant	1	50	2 (4)	0	4	0	0	0
Common Eider	9	273	7 (3)	1	0	1	1	1
Black-legged Kittiwake	9	1596	115 (7)	0.1	7	0	0	0
Great black-backed Gull	2	35	19 (54)	37	3	0	0	17
Herring Gull	3	99	69 (70)	39	33	1	4	16
Lesser Black-backed Gull	3	52	22 (42)	12	13	0	0	17
Gull spp.	9	312	15 (5)	3	1	0	0	1
Arctic Tern	2	84	8 (10)	0	2	0	6	8
Little Tern	1	49	3 (6)	0	0	0	4	2
Atlantic Puffin	3	130	87 (67)	29	46	2	4	5

671 ¹ Standardised debris type categories as recommended by Provencher et al. (2017). For the three large
 672 gull species (Great black-backed Gull, Herring Gull, Lesser Black-backed Gull), the relative high FO % of
 673 items categorised by 'other' was largely due to the incorporation of plastic-coated wire in nests. In some
 674 cases, data on debris by type were only available from photographs or for a subset of monitored nests at

675 a colony. It was, therefore, not always clear if this was a random sample of nests or if observers focused
676 on collecting these data in areas where nests contained debris, which would explain the higher FO for the
677 three large gulls species than reported in Table 1.
678

Supplementary Material

Measuring nest incorporation of anthropogenic debris by seabirds: an opportunistic approach increases geographic scope and reduces costs

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Table S1. Frequency of occurrence (FO) % of nests containing anthropogenic debris for all species and colonies. See separate spreadsheet.

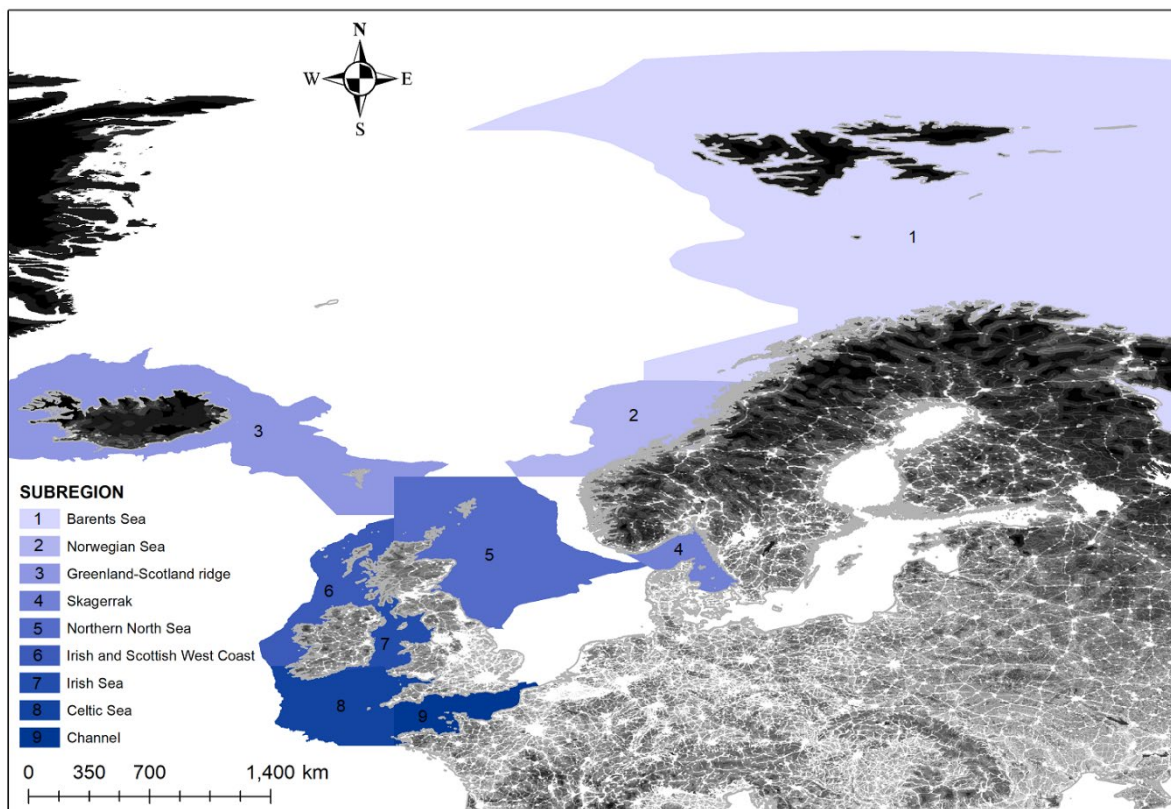
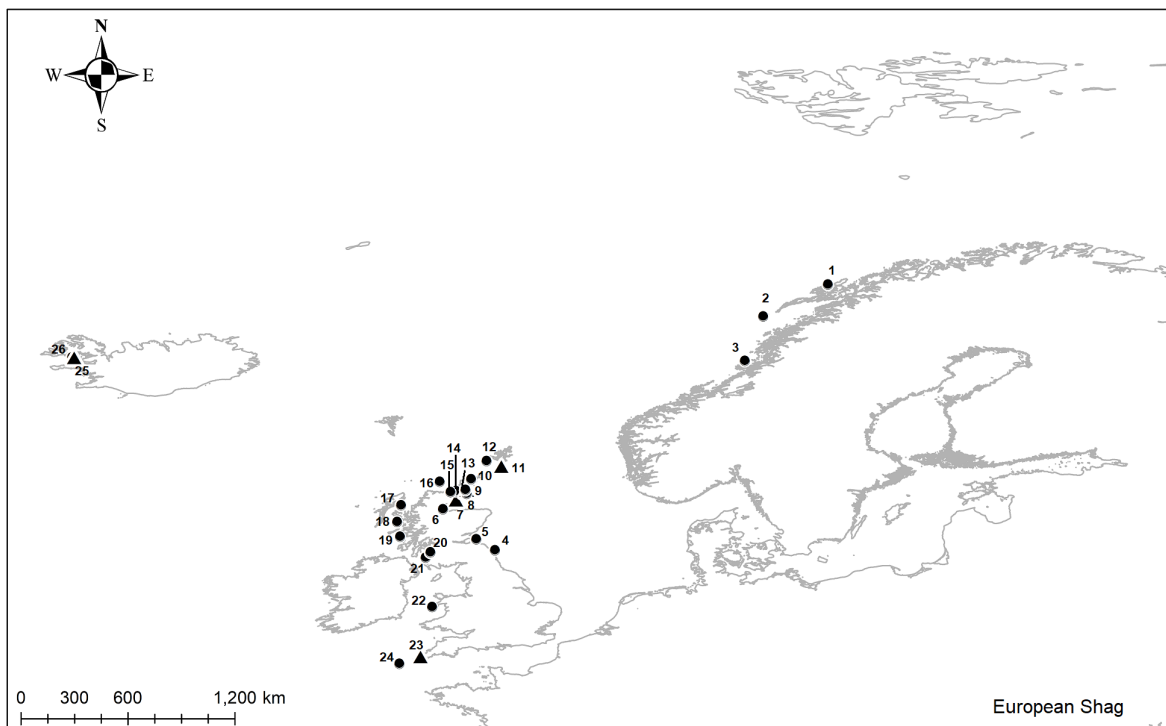


Figure S1. Map showing the OSPAR subregions where colonies included in this study were monitored, and the Human Footprint Index (HFI), a measure of human influence on the terrestrial environment from high (white) to low (black).

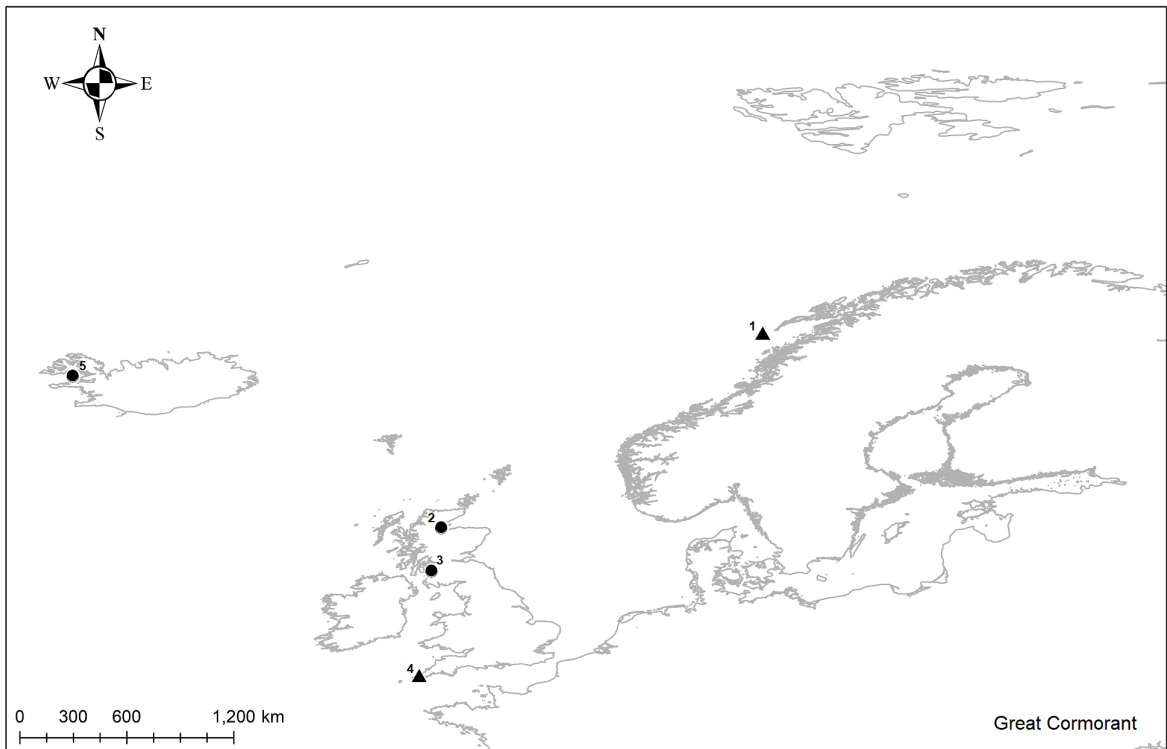
Figure S2. Map showing the location of seabird colonies included within this study (Table S1).

Triangles indicate colonies where no anthropogenic debris was recorded, circles indicates colonies where debris was recorded. a) European Shag; b) Great Cormorant; c) Common Eider (zoomed in boxed map shows the location of colonies in Oslo Fjord); d) Black-legged Kittiwakes (zoomed in boxed map shows the location of colonies in north-west Scotland); e) Herring Gull; f) Lesser Black-backed Gull; g) Great black-backed Gull; h) black - gull spp., blue – Common Gull, red – Black-headed Gull (zoomed in boxed map shows the location of colonies in Oslo Fjord); i) black – Arctic Tern, blue – Common Tern, red – Little Tern; j) black – Atlantic Puffin, red – Common Guillemot.

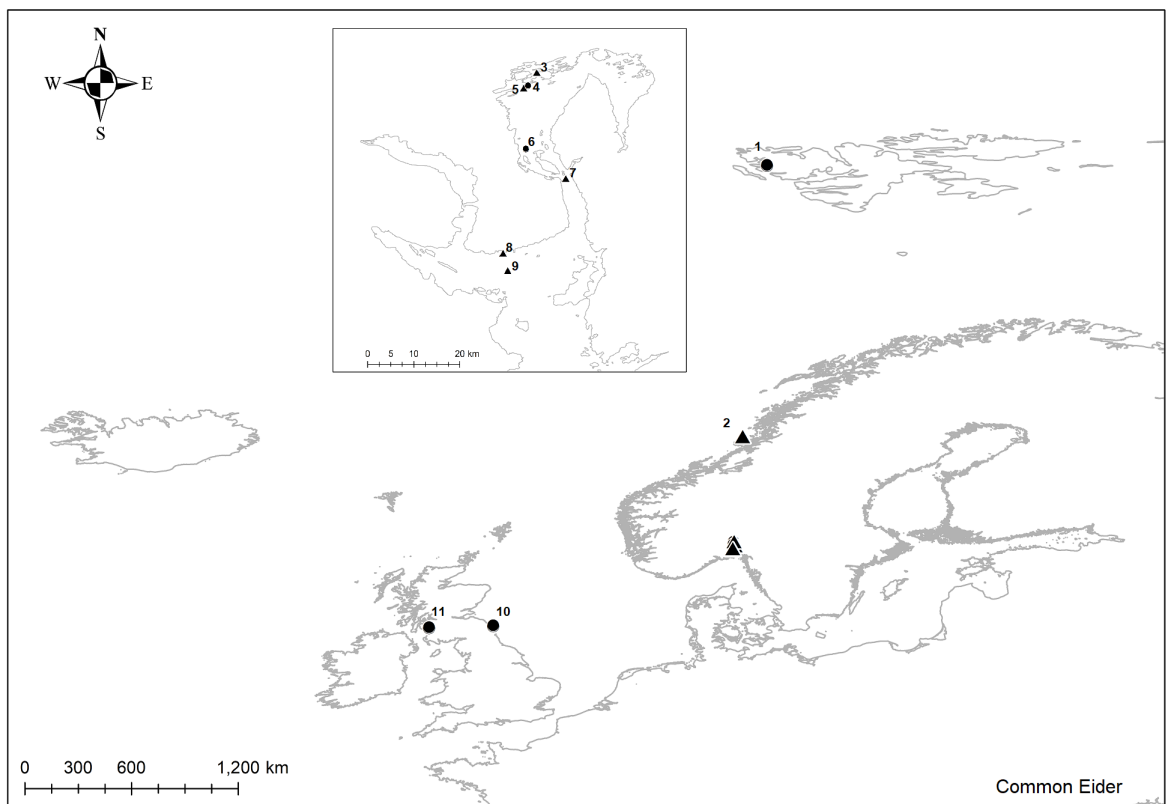
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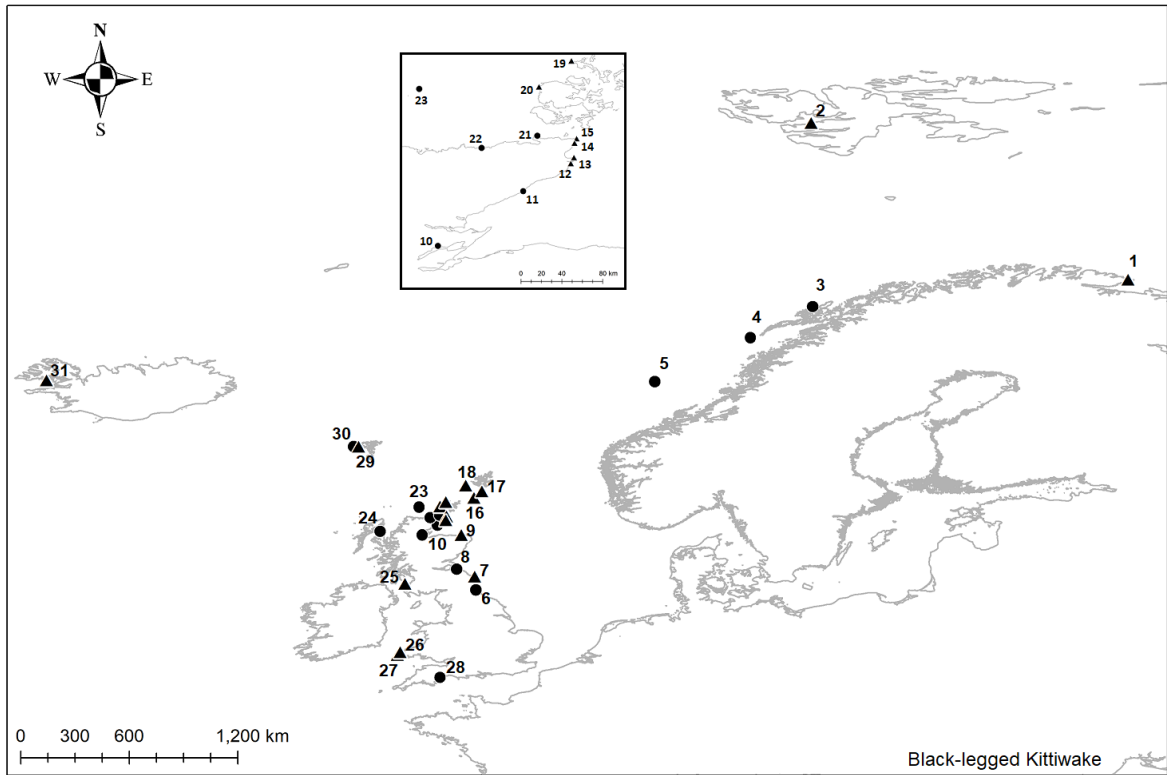
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c)



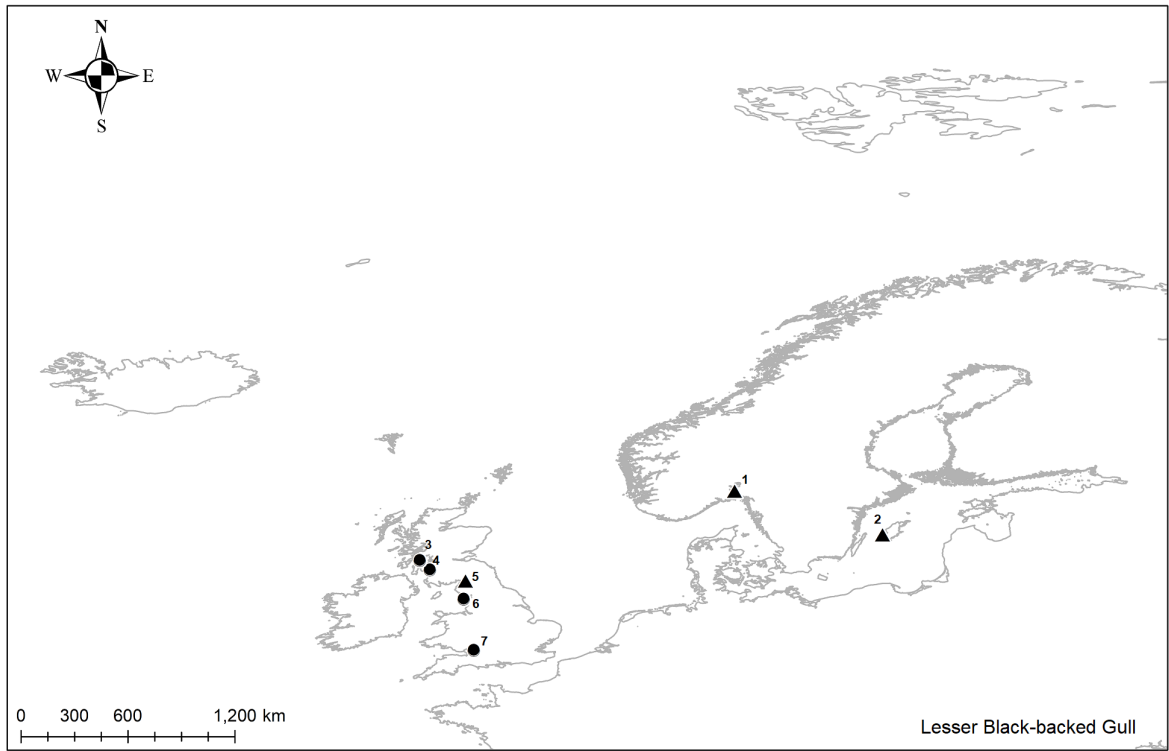
d)



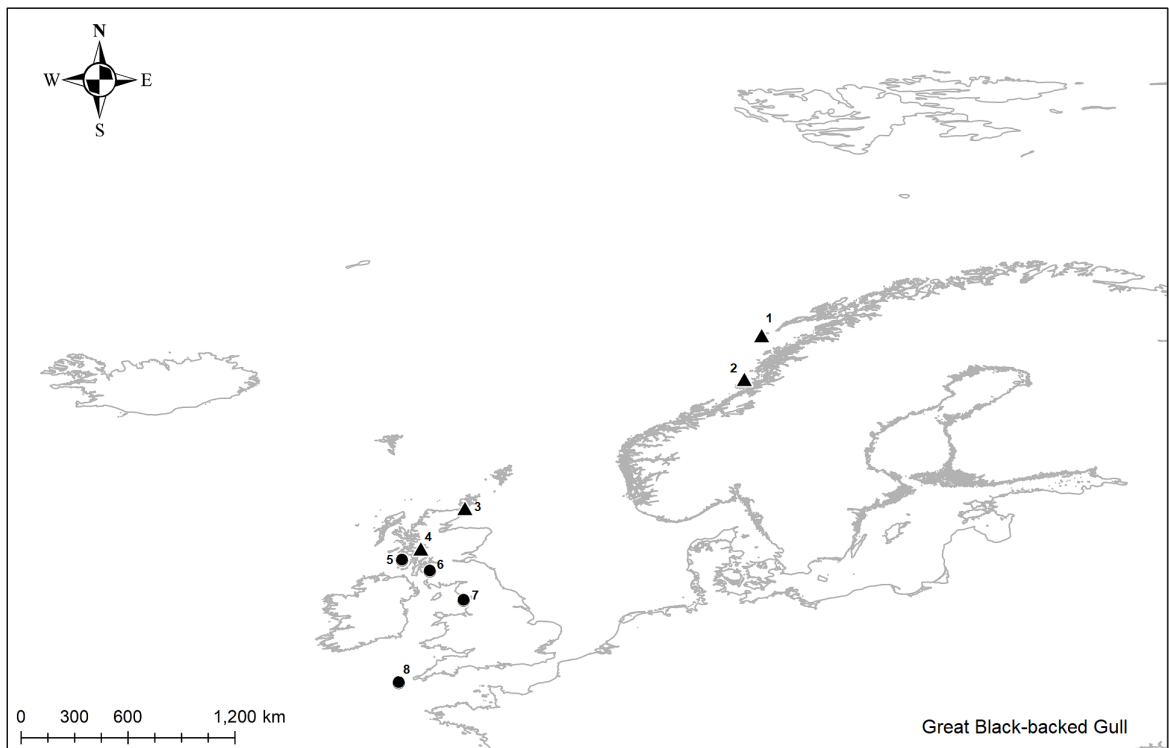
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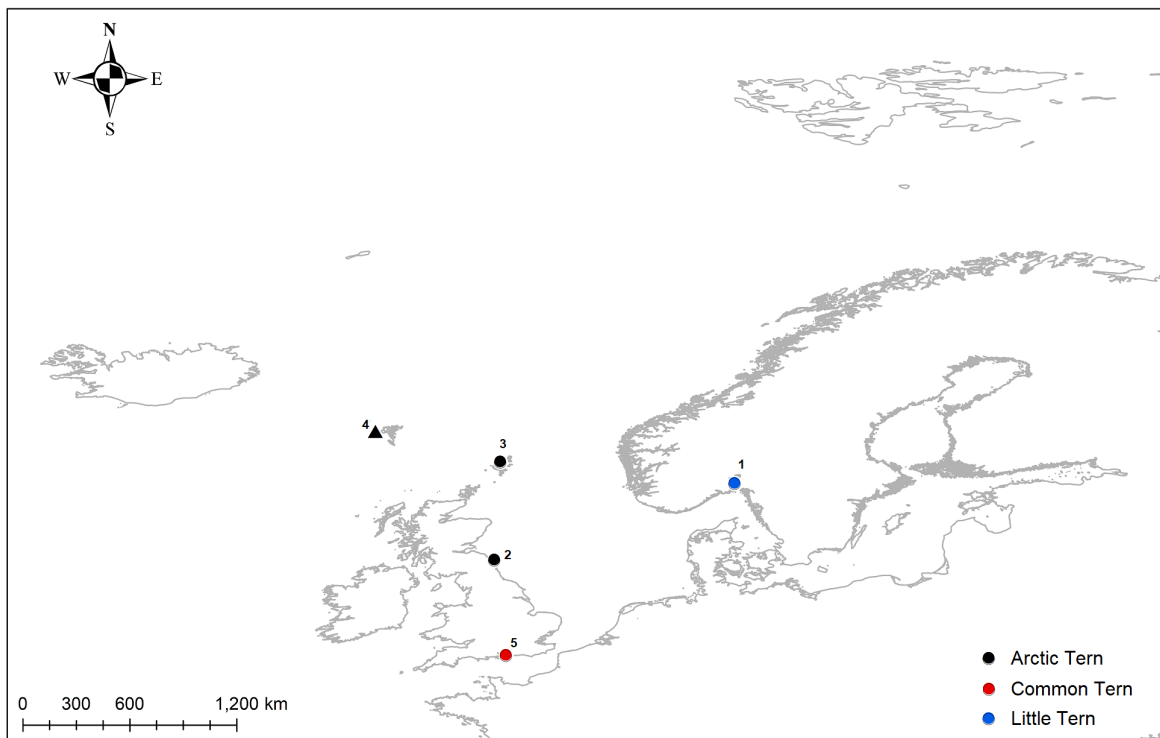
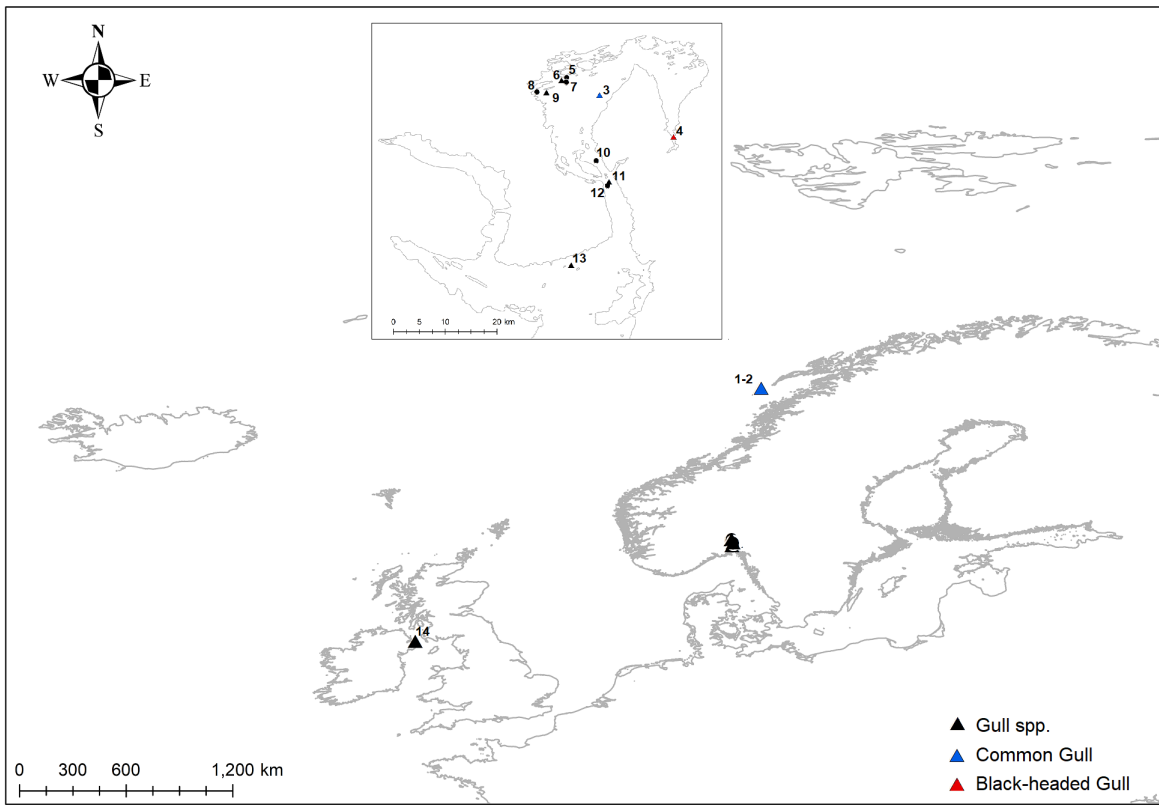
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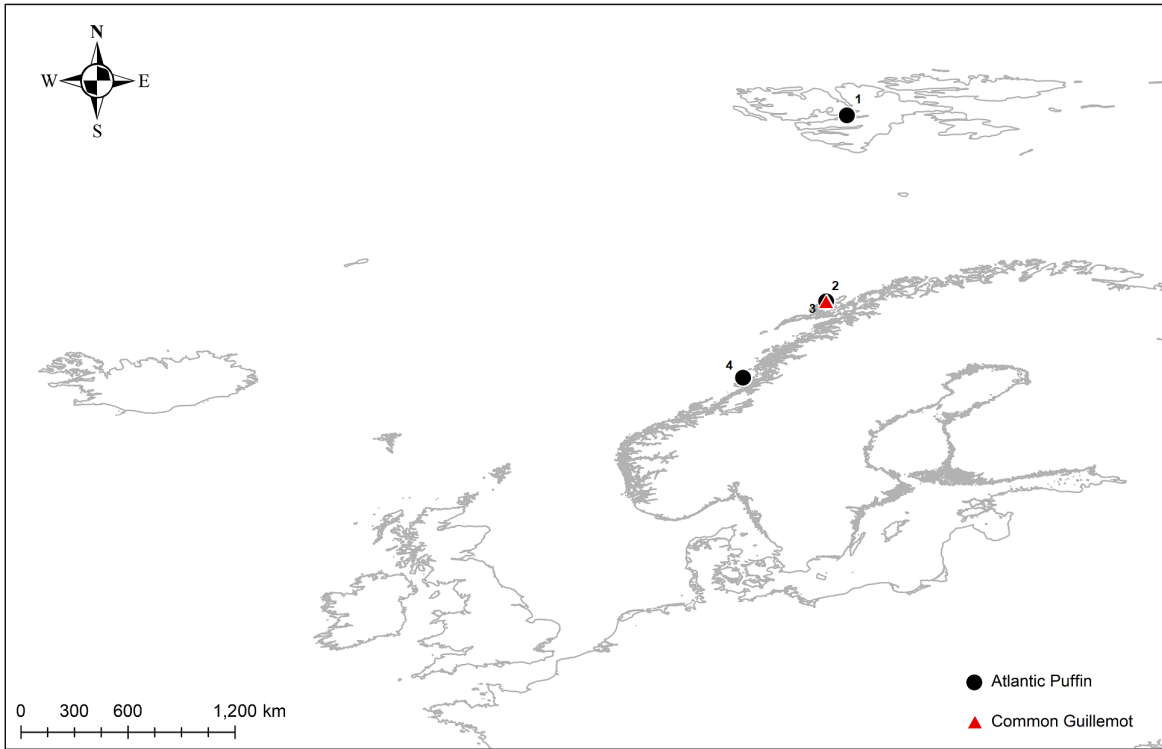
g)



h)



i)



j)

Table S2. Frequency of occurrence (FO) % of nests containing anthropogenic debris summarised by species group.

Species group	No. of species	No. of colonies	Total no. of nests	Number of nests containing debris	FO % of all nests	Mean (\pm SD) FO % across colonies
Kittiwake	1	31	3823	139	4	4 \pm 10
Eider	1	11	338	11	3	4 \pm 24
Tern ¹	3	5	183	11	6	5 \pm 5
Gull ²	5	32	4463	612	14	15 \pm 23
Shag ³	2	27	1459	339	23	18 \pm 24
Auk ⁴	2	3	150	87	58	41 \pm 43

¹ Arctic Tern, Common Tern and Little Tern. ² Black-headed Gull, Common Gull, Great Black-backed Gull, Herring Gulls and Lesser Black-backed Gull. ³ Great Cormorant and European Shag. ⁴ Crevice nesting Common Guillemot and Atlantic Puffin.

Table S3. Rank of general linear multivariate regression models explaining variation in FO of nests containing debris by species group, OSPAR region and mean Human Footprint Index (HFI) within 100 km of the colony using Akaike’s information criterion corrected for small sample size (AICc): k is the number of estimated parameters included, ω_i is the Akaike weight, and Δ AICc is the AICc difference. The most parsimonious model (Δ AICc < 2) is shown in bold.

Variables included in the model	k	AICc	Δ AICc	ω_i
Mean HFI + Species group + OSPAR subregions + Mean HFI *	20	1431.1	0	1
Species group				
Species group + OSPAR subregions	14	1892.0	460.93	0
Mean HFI + Species group + OSPAR subregions	15	1894.3	463.22	0
Mean HFI + OSPAR subregions	10	2331.0	899.92	0
OSPAR subregions	9	2331.8	900.70	0
Mean HFI + Species group + Mean HFI * Species group	12	2380.4	949.25	0
Species group	6	2771.9	1340.80	0
Mean HFI + Species group	7	2773.7	1342.57	0
Intercept only	1	3458.4	2027.34	0
Mean HFI	2	3460.0	2028.91	0

Table S4. Minimum estimates of distance travelled, carbon emissions and monetary costs of the lead author collecting the data included in the study, instead of requesting data from those already visiting the included colonies for research, monitoring and ringing purposes. See separate spreadsheet.

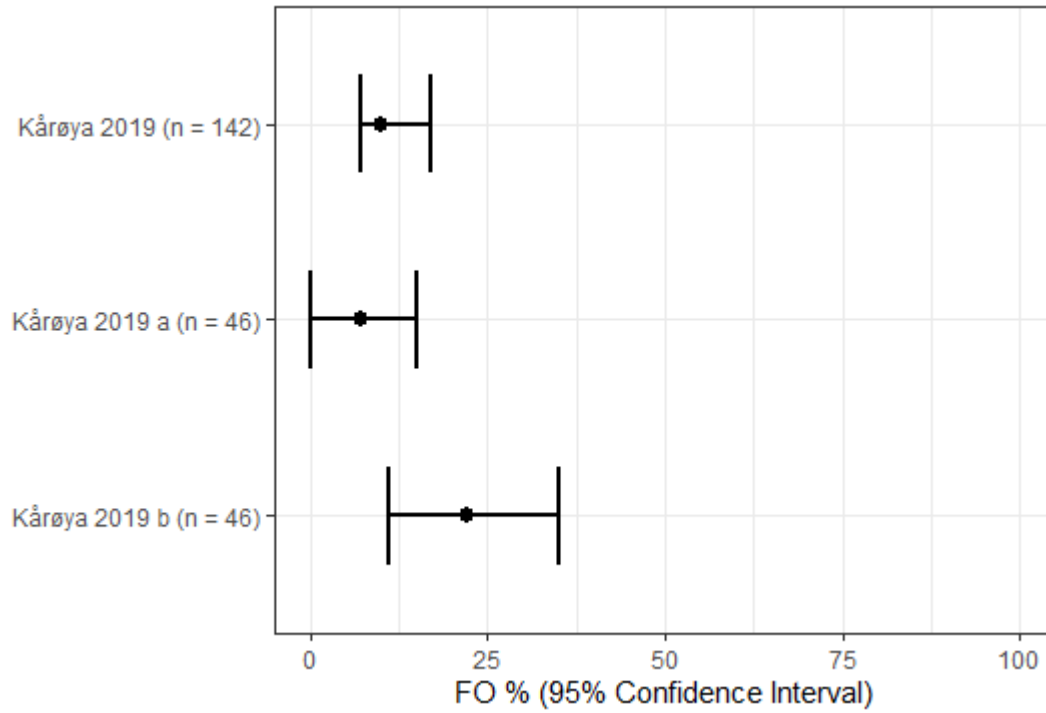


Figure S3. Comparisons of frequency of occurrence (FO) % of anthropogenic debris in nests and estimated 95% confidence intervals (CI) for two Black-legged Kittiwake plots in Kårøya, Norway: one involving 142 nests and the second 46 nests. The second plot was monitored from below and above the colony, highlighting how the reported FO can change based on the view of the monitoring plot. Overlapping 95% CIs indicates no difference in FO estimates.